

# Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (Beta Carotene)	5,000 IU 100%
Vitamin C (from Calcium Ascorbate, Magnesium Ascorbate and Zinc Ascorbate)	60 mg 100%
Vitamin D3 (Cholecalciferol)	400 IU 100%
Vitamin E (as d-alpha-Tocopheryl Acetate and Natural Vitamin E [Covi-ox®])	30 IU 100%
Vitamin K2 (as Menaquinone MK-7)	80 mcg 100%
Vitamin B1 (Thiamine from Benfotiamine)	1.5 mg 100%
Vitamin B2 (Riboflavin from Riboflavin-5-Phosphate Sodium)	1.7 mg 100%
Vitamin B3 (Niacin from Inositol Hexanicotinate)	20 mg 100%
Vitamin B6 (Pyridoxine from Pyridoxal-5-Phosphate)	2 mg 100%
Folic Acid [from 5-MTHF (Methyltetrahydrofolic Acid)(Quatrefolic®)]	400 mcg 100%
Vitamin B12 (as Methylcobalamin)	6 mcg 100%
Biotin (as D-Biotin)	300 mcg 100%
Vitamin B5 (from d-Calcium Pantothenate)	10 mg 100%
Calcium (from d-Calcium Pantothenate, Calcium Ascorbate, and Calcium Citrate)	50 mg 5%
Iodine (from Potassium Iodide)	150 mcg 100%
Magnesium (from Magnesium Bisglycinate Chelate [TRAACS®] and Magnesium Ascorbate)	50 mg 13%
Zinc (from Zinc Bisglycinate Chelate [TRAACS®] and Zinc Ascorbate)	15 mg 100%
Selenium (from High Selenium Yeast) (SelenoExcell®)	70 mcg 100%
Copper (from Copper Bisglycinate Chelate) (TRAACS®)	1 mg 50%
Manganese (from Manganese Bisglycinate Chelate) (TRAACS®)	2 mg 100%
Chromium (from Chromium Picolinate) (Chromax®)	120 mcg 100%
Molybdenum (from Sodium Molybdenate)	75 mcg 100%
Grape Seed Extract (95% Proanthocyanidins)( <i>Vitis vinifera L.</i> )	300 mg *
Choline (from Choline Bitartrate)	25 mg *
Bioflavonoids and Hesperidin Complex [from Citrus Extract ( <i>Citrus aurantium</i> ) (Skin)]	20 mg *
Trans-Resveratrol ( <i>Polygonum cuspidatum</i> ) (Root)	10 mg *
Rice Concentrate (Nu-Flow®)	10 mg *
Lutein (from FLORAGLO®)	3 mg *
Boron (from Bororganic Glycine)	1.5 mg *
Zeaxanthin	1 mg *
Pterostilbene	50 mcg *
Bacillus Coagulans	1 Billion CFU** *
<b>Fruit and Vegetable Proprietary Blend:</b>	250 mg *
Blueberry Powder ( <i>Vaccinium angustifolium</i> ) (Fruit), Strawberry Powder ( <i>Fragaria vesca</i> ) (Fruit), Broccoli Powder ( <i>Brassica oleracea</i> ) (Whole Plant), Kale Powder ( <i>Brassica</i> ) (Leaves), Spinach Powder ( <i>Spinach oleracea</i> ) (Leaf/Stem), Garlic Powder ( <i>Allium sativum</i> ) (Bulb), Carrot Powder ( <i>Daucus carota</i> ) (Root), Cranberry Powder ( <i>Vaccinium macrocarpon</i> ) (Fruit), Acai Berry Extract 10:1 ( <i>Euterpe oleracea</i> )	
<b>Digestive Enzyme Proprietary Blend:</b>	30 mg** *
Bromelain, Pepsin, Papain, Protease	

\* Daily Value not established

\*\* At time of manufacturing

**Quatrefolic®** is a registered trademark of Gnosis S.P.A. U.S. Patent 7,947,662 **TRAACS®** is a registered trademark of Albion International **SelenoExcell®** is a registered trademark of Cypress Systems, Inc. **Nu-Flow®** is a registered trademark of Ribus, Inc **Chromax®** is a registered trademark of Nutrition 21, LLC. **FLORAGLO®** is a registered trademark of Kemin Industries, Inc. **Covi-Ox®** is a registered trademark of Cognis IP Management GMBH.

**Other Ingredients:** Microcrystalline Cellulose, Maltodextrin, Croscarmellose Sodium, Dicalcium Phosphate, Starch, Gelatin, Stearic Acid, Silica, Vegetable Stearate, Hydroxypropyl Methylcellulose, Propylene Glycol, Triacetin.

**Suggested Use:** Adults, take 3 capsules with water, preferably with a meal, as a dietary supplement, or as directed by a doctor.

**Do not use if clear neck seal is broken or missing.** Store at room temperature, in a dry place.

**Keep out of reach of children**